

**From: “Medicare For Dummies” (2<sup>nd</sup> edition) by Patricia Barry  
(Wiley/AARP, September 2015)**

**Table 2-1 Preventive Care Services Medicare Covers**

<b>Service</b>	<b>Frequency Covered</b>	<b>Cost to You</b>
“Welcome to Medicare” checkup	Once only, during first 12 months in Part B.	Free, but any other tests the doctor refers you for may require a co-pay.
Wellness checkup	Once every 12 months, after you’ve had Part B for one year.	Free as long as you ask for a wellness visit and not a “physical.”
Alcohol abuse counseling	One screening and up to four counseling sessions a year.	Free.
Bone mass measurement	Once a year if you’re at risk for broken bones; more if medically necessary.	Free.
Breast cancer: mammograms	Once a year for women age 40 or older.	Free.
Cardiovascular tests to detect conditions leading to heart attack or stroke	Once every five years.	Free for the tests, but a co-pay is usually required for the doctor visit.
Cardiovascular counseling to help lower risk of heart attack or stroke	Once a year with your primary care doctor.	Free.
Cervical/vaginal cancer screening — Pap tests and pelvic exams	Once every 24 months, or every 12 months if you’re at high risk.	Free.
Colorectal cancer — fecal occult blood test	Once every 12 months if you’re 50 or older.	Free.
Colorectal cancer — flexible sigmoidoscopy	Once every 48 months if you’re 50 or older.	Free.
Colorectal cancer — colonoscopy	Once every 120 months, or every 24 months if at high risk.	Free for the test, but a co-pay is required if a polyp is found and removed during the test.
Colorectal cancer — barium enema (when used instead of the preceding two procedures)	Once every 48 months, or every 24 months if at high risk.	A co-pay is required.
Depression screening	Once a year in a primary care setting.	Free screening, but a co-pay is required for doctor visit and follow-up care.
Diabetes screening	Up to two screenings a year if you’re at risk of developing diabetes.	Free.
Flu shots	Once a year in flu season.	Free.

Glaucoma (eye disease) tests	Once every 12 months if you're at high risk.	A co-pay is required, and your Part B deductible applies.	
Hepatitis B shots	Whenever doctor orders them if you're at risk.	Free.	
HIV screening	Once every 12 months or up to three times during pregnancy.	Free.	
Laboratory services	Blood tests and urinalysis, as ordered by doctor anytime.	Free.	
Lung cancer screening	Once a year for people age 55–77, who are current or former smokers averaging one pack a day for 30 years, but without symptoms of lung disease.	Free.	
Obesity counseling sessions	Up to 20 sessions in one year as long as your body mass index (BMI) is 30 or higher.	Free.	
Pneumonia shot	Needed once after age 65.	Free.	
Prostate cancer PSA test	Once every 12 months for men over 50.	Free.	
Prostate cancer digital rectal exam	Once every 12 months for men over 50.	A co-pay is required, and the Part B deductible applies.	
Sexually-transmitted infections screening and counseling	Tests once every 12 months or more often if pregnant. Up to two counseling sessions with a primary care provider.	Free if tests are ordered by a doctor and performed in a Medicare-approved laboratory.	
Stop-smoking counseling	Up to eight sessions in any 12-month period.	Free.	
X-rays, MRIs, CT scans, EKGs, and so on	As ordered for diagnosis by a doctor.	A co-pay is required, and your Part B deductible applies.	

Source: Centers for Medicare & Medicaid Services

**Note:** Services labeled “free” (meaning no co-pay or deductible required) assume that you go to a doctor who accepts Medicare’s payment in full.